

Shepherd Center of Kingsport

The Shepherd Center of Kingsport is a non-denominational, non-profit United Way agency that provides programs and services that enable older adults to remain living safely and independently in their own homes as long as is appropriate. The Center also provides resources and counseling for caregivers and family members of older adults. All services are provided free of charge.

The Shepherd Center currently provides services to over 2,100 older adults and caregivers. To receive SC services, an individual must be 55 years of age (60 or older to receive transportation), live in the greater Kingsport area, have limited family in the area, and be physically mobile.

Programs and services include transportation to doctors' appointments, outpatient services, such as physical therapy and lab work, and personal shopping. Shepherd Center volunteers also run errands to pick up groceries and/or prescriptions for those who are homebound. The Shepherd Center offers a medical equipment loan program, which is one of the most requested services. Equipment includes wheelchairs, hospital beds, walkers, canes, bath benches, as well as travel chairs and adaptive equipment, all of which are loaned free of charge as pieces are available.

The Shepherd Center is fortunate to have support from a wide variety of community partners, including United Way of Greater Kingsport, Sullivan South Community Chest, Eastman Chemical Co., area churches and civic organizations, Altrusa, the Has Beens Big Band, and many, many generous individuals.

The Shepherd Center is involved in many areas of our community, purchasing Christmas gifts for selected clients, picking up and delivering food from Colonial Heights Christian Church and Kiwanis Towers, holding personal care item showers (many of our clients receive Food Stamps, which do not cover the cost of items such as toothpaste, lotion, Kleenex, hand sanitizer, laundry detergent, shampoo, etc.), participating in United Way's Aging With Choices Vision Council, Wellmont Holston Valley Medical Center's Ethics Committee, and the area Health & Human Service Providers' Network.

The Shepherd Center of Kingsport is located at 132 West Sevier Avenue, Suite #3 in a small office building across the street from the Physicians' Building on the Wellmont campus. The office is open Monday-Thursday, 8 a.m. to noon, and by appointment in the afternoons and on Friday. Our mailing address is PO Box 382, Kingsport, TN, 37662 and our telephone number is 423-392-4514. Email is katherine.scoggins@yahoo.com

Shepherd Center Wish List

- ◆ Gift cards to Office Depot or Walmart
- ◆ Reams of white copier paper
- ◆ Rolls or sheets of first-class (or "Forever") stamps
- ◆ Volunteers!!!